Tuckshop Operates **Tues, Wed & Fri**
at First Break only (10.55am - 11.35am)

**CLEARLY WRITE YOUR CHILD'S NAME AND CLASS** on a brown paper bag or Re-Usable Tuckshop bag with **correct money** if possible. Please do not use **staples or sticky tape** just fold bag down at top.

If you are able to assist with a half day per month, please call **Sonya De Marzi on 0403020171**.

**Your help is always appreciated** and your children love to see you at school.

**Reminder:** Years 1-6 please pick up your frozen items from the Tuckshop with your bag.

**For Sale:** Re-Usable Tuckshop Bags for $10.00 each.

Brown Bags: $0.10 each.

**GF** is Gluten Free.

Home Baking will be available.

**Tuckshop to be handed in NO later than 9.30am.**
EVERYDAY MENU

(These items are available at 1st Break only
Tuesday, Wednesday & Friday)

Mrs Mac's Cruiser Pie - Good Eating Range $3.50
Mrs Mac's Potato Top Pie - Good Eating Range $3.50
Mrs Mac's Sausage Roll - Good Eating Range $2.50
Lite Party Pies $1.00ea
Pizza - Cheese & Bacon or Hawaiian $3.00
Sushi Rolls - Tuna or California with soy sauce - GF $2.50ea

Filling choices for items below:
Ham, Chicken, Tuna, Egg & Vegemite

Salad: (lettuce, carrot, cucumber, capsicum, tomato, cheese & mayo)

Vegemite Sandwich $2.50
Toasted Sandwiches $4.50
Fresh Sandwiches $5.00
Wraps - Plain or Toasted $5.00
Salad Plate - Italian, French or Mayo Dressing $5.00
Pulled Pork & Coleslaw - Made on a crusty bread roll $5.00

Snacks
Croissant - with Ham & Cheese - (Plain or Toasted) $3.00
Fresh Fruit Salad - Seasonal Fruit $3.00
**TUESDAY ONLY**

- School Chicken Breast Nuggets $0.70ea
- 4 x Chicken Breast Nuggets $3.10
  Includes your choice of one dipping sauce - Tomato or BBQ
- 6 x Chicken Breast Nuggets $4.50
  Includes your choice of one dipping sauce - Tomato or BBQ
- Steggles Mini Kiev Garlic Balls $1.00ea or 3 for $2.70
- School Sweet Chilli Tenders $1.50
- Garlic Bread - Large Dinner Roll $1.00

**WEDNESDAY ONLY**

- Hot Dog (with cheese and sauce) $4.50
- Steggles Mini Kiev Garlic Balls $1.00ea or 3 for $2.70
- School Sweet Chilli Tenders $1.50
- Garlic Bread - Large Dinner Roll $1.00

**FRIDAY ONLY**

- Fish Fingers $0.70
- Tempura Battered Fish Burgers with Salad $5.00
- Hamburger with Salad $5.00
- Chicken Burger with Salad $5.00
- Hawaiian Burger - Chicken, Lettuce, Pineapple & Mayo $5.00
- Mini Burger - Mini bread roll with Salad $4.00

**Salad with Fish/Chicken/Hamburger**
(lettuce, carrot, cucumber, tomato, beetroot, cheese & BBQ or tomato sauce)
# Everyday Extras

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sauces - Tomato &amp; BBQ</td>
<td>$0.30</td>
</tr>
<tr>
<td>Jelly Cups - Green or Red</td>
<td>$0.70</td>
</tr>
<tr>
<td>Sara Lee Double Choc Muffin</td>
<td>$2.00</td>
</tr>
<tr>
<td>Popcorn Bags</td>
<td>$1.00</td>
</tr>
<tr>
<td>Red Rock Deli - Honey Soy Chicken or Sea Salt</td>
<td>$1.50</td>
</tr>
<tr>
<td>Home Baking</td>
<td>$1.00</td>
</tr>
</tbody>
</table>

# Drinks and Frozen Items

<table>
<thead>
<tr>
<th>Product</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bottled Water</td>
<td>$2.00</td>
</tr>
<tr>
<td>Flavoured Milk - Strawberry or Chocolate</td>
<td>$2.50</td>
</tr>
<tr>
<td>80/20 Juices - 350ml - 80% Whole Fruit 20% Spring Water</td>
<td>$3.00</td>
</tr>
<tr>
<td><strong>Apple &amp; Blueberry or Orange or Green Smoothie</strong></td>
<td></td>
</tr>
<tr>
<td>Popper - 250ml - Apple &amp; Mango or Apple</td>
<td>$2.00</td>
</tr>
<tr>
<td>Popper - 150ml - Apple &amp; Blackcurrant or Apple</td>
<td>$1.50</td>
</tr>
<tr>
<td>LOL 99% Carbonated Fruit Juice - 250ml</td>
<td>$2.50</td>
</tr>
<tr>
<td>(Apple &amp; Raspberry or Apple &amp; Blackcurrant or Tropical)</td>
<td></td>
</tr>
<tr>
<td>Lipton Ice Tea - Lemon or Mango - 500ml</td>
<td>$3.50</td>
</tr>
<tr>
<td>Bulla Frozen Yoghurts - Mango/Strawberry/Raspberry</td>
<td>$2.00</td>
</tr>
<tr>
<td>Icy Poles - Apple, Orange, Tropical, Blackcurrant &amp; Mango</td>
<td>$0.70</td>
</tr>
<tr>
<td>Bulla Lite Party Cups Vanilla Ice Cream - <strong>GF</strong></td>
<td>$1.00</td>
</tr>
<tr>
<td>Streets Calippo Minis - Raspberry Pine</td>
<td>$1.00</td>
</tr>
<tr>
<td>Streets Paddle Pop Shaky Shake</td>
<td>$2.00</td>
</tr>
<tr>
<td>Streets Lemonade Icy Twist</td>
<td>$1.00</td>
</tr>
</tbody>
</table>

"Remember"

"Food is Fuel for Thought"